



Webinar Series on Brain Health

First Webinar: Nutrition and Cognition

By Task Force on Nutrition & Brain Health –NABHI
International Life Sciences Institute India

Date: March 26, 2021
Time: 11.00-13.45 Hrs.
Web Platform: CISCO Webex

AGENDA

CHAIR: Prof. P K Seth Chairman, ILSI India	
• Welcome by Ms. Rekha Sinha, Executive Director, ILSI India	
• Welcome and Observations by Chair	
Technical Presentations	
1	<i>Early Life Nutrition Deprivation and Mental Functions</i> Dr. B. Sesikeran , Former Director, National Institute of Nutrition, Indian Council of Medical Research on behalf of Prof. K N Aggarwal, Department of Pediatrics, Institute of Medical Sciences, Banaras Hindu University
2	<i>Inflammation & Immune System: Role of Nutrition on the Ageing Brain</i> Dr Sylvia Fernandez , Head, Nutrition and Cognition in NIN
3	<i>Using Neuroimaging to Explore the Impact of Nutrition on the Ageing Brain</i> Prof. Pravat Mandal , Honorary Professor, Florey Institute of Neuroscience and Mental Health , Melbourne, Australia and Senior Professor, NBRC
4	<i>Lifestyle and Brain Functions</i> (Exercise, Socio-Economic factors) Dr Seema Puri , Associate Professor, Department of Nutrition, Institute of Home Economics, Delhi University
<i>DISCUSSION</i>	
<i>Sum Up By Chair</i>	