Symposium on  
Probiotics for Health – An Indian Perspective  
Friday, February 20, 2009  
Desire Hall, Hotel Le Meridien, Janpath, New Delhi

Symposium Agenda

Sponsored By  
International Life Sciences Institute - India  
(ILSI – India)

Co-sponsored By  
Indian Council of Medical Research (ICMR)  
National Institute of Nutrition (NIN)  
National Dairy Research Institute (NDRI)  
National Institute of Food Technology,  
Entrepreneurship and Management (NIFTEM)
**Symposium on**
**Probiotics for Health – An Indian Perspective**
**February 20, 2009, New Delhi**

**Symposium Agenda**

**09.30 – 10.00 Hrs. Opening Session**

- **Welcome Address**
  Mr. D. H. Pai Panandiker, ILSI-India

- **Keynote Address on**
  **Clinical Effects of Probiotics: A Pediatrician’s Perspective**
  Dr. Marko Kalliomaki, University of Turku, Finland

- **Vote of Thanks**
  Dr. G. M Tewari, ILSI-India

**10.00-10.15 Hrs. Tea Break**

**10.15 – 11.45 Hrs. Session I: Probiotics and Gut Health**

**Chair:** Prof. Rekha Sharma
  Director, Diabetes Foundation (India), Gurgaon

  Dr. G M Tewari
  President, ILSI-India

- **Recent Advancements in Probiotics/Prebiotics for Health Promotion**
  Dr Rama Chaudhary, All India Institute of Medical Sciences, New Delhi

- **Gut Microbiota and Health**
  Dr B Sesikeran, National Institute of Nutrition, Hyderabad

- **Efficacy of Indian Probiotics Cultures**
  Dr Sunita Grover, National Dairy Research Institute, Karnal

- **Discussions**
11.45 - 13.30 Hrs.  **Session II: Probiotics and Immunity**

**Chair:** Dr. Marko Kalliomaki, University of Turku, Finland

*Dr. Charoo Hans*
HOD, (Microbiology), Dr. R. M. L Hospital, and Directorate General of Health Services, New Delhi

- **Immunomodulatory Effects of Probiotics and their Implications for Human Health**
  Dr Harsharn Gill, Department of Primary Industries, Australia

- **Safety and Risks of Probiotics**
  Dr. Sampo Lahtinen, Danisco, Finland

- **An overview of Guidelines and Regulations for Probiotics**
  Dr V K Batish, National Dairy Research Institute, Karnal

- **Discussions**

**13.30 – 14.30 Hrs.**  Lunch

14.30 - 16.00 Hrs.  **Session III: Product Development & Consumer Response**

**Chair:** Dr Harsharn Gill, Research Director, Department of Primary Industries, Australia

- **Probiotics Based Health Foods**
  Dr. Sampo Lahtinen, Danisco, Finland

- **Consumer Perception, Information and Communication Strategies**
  Mr. Vasudevan Krishnan, Nestle India Ltd., Gurgaon

- **Discussions**

16.00 - 17.30 Hrs.  **Panel Discussion: Gaps in Knowledge and The Way Forward**

**Chair:** Dr. B. Sesikeran, Director, National Institute of Nutrition, Hyderabad

*Panel of Experts:*
  Dr V K Batish
  Dr Rama Chaudhary
  Dr Harsharn Gill
  Dr Marko Kalliomaki

- **Observations by Panel of Experts**
- **Discussions**

**17.30 Hrs.**  **Concluding Session**