We have been working on this Conference for more than a year and we are grateful for unstinted cooperation received from Ministry of Food Processing Industries, DBT, Planning Commission, NIN and ILSI branches in Japan, South East Asia and Europe. Functional foods is one of the four global priority areas of work in ILSI. ILSI and its branches have contributed significantly to the development of concept, sconce behind functional foods and about the awareness. This is the first conference on functional foods organized by ILSI-India on the Theme “Processed Foods and Beverages for Health: Beyond Basic Nutrition”.

Functional foods or designer foods will have a growing demand from consumers worldwide as consumers become more and more aware about their close link with health. Consumers from all over the world are looking for health foods which can, not only prevent diseases but promote health and well being. New science based investigations are emerging which appear to confirm the traditional use of some of these as well as support the long history of human use. Mounting health care costs and the consumer desire to maintain health and
quality of life have focused the attention of scientists on diet, nutrition and disease prevention.

It will be the endeavor of ILSI-India to keep you abreast about developments in technologies, latest research and health benefits.

I am grateful to Dr Prakash the former Director of CFTRI for sparing his time to be here with us today to deliver a very informative Keynote Address. Dr Prakash has done pioneering work in India on Nutraceutical and has been regularly organizing highly successful “Nutraceutical Summits” in India. He is a technocrat who has received several national and international awards for his research work. I am happy to propose heart vote of thanks to Dr Prakash. May I request you to kindly carry vote of thanks with acclamation.

I am also grateful to Mr Panandiker, Chairman, ILSI-India, Dr Sesikeran, Director, NIN, Dr Kamala Krishnasway, Former Director, NIN and Dr Rajesh Kapur, Advisor, DBT for sparing their time and helping the Secretariat in developing the Conference Theme and Agenda.

I would like to thank all the speakers for preparing excellent presentations and for joining the Conference. I am also grateful to all the participants and I hope that you will make significant contributions to the discussions during the Conference. I would also like to appreciate the hard and sincere work put in by ILSI-India Secretariat headed by Ms Rekha Sinha, Executive Director, ILSI-India.
I would like to end with a quotation from the ancient Hindu religious literature (Vedas) which says that “Annam is Aham” meaning ‘you are what you eat’ and Hippocrates espoused “Let food be your medicine and medicine be the food”. Current science reinforces these statements.

May I now request all of you to join us for Tea which is hosted by Yakult.